

ALL DAY MENU

EGGS

SCRAMBLED EGGS with (Served on Sourdough toast)	
- SMOKED SALMON	10.0
- CHEESE, CHILLIES and ONION	9.0
- MUSHROOMS, ONIONS and GARLIC	9.0
- BACON	9.0
- ADD BAKED BEANS	2.5

TOASTED BAGELS / SOURDOUGH SANDWICH

SALT BEEF	7.95
Salt Beef, Melted Cheese, Pickles and home-made Aeoli sauce	
SMOKED SALMON	7.5
Smoked Salmon, Cream Cheese, Cappers, Red Onion, Lemon and Dill	
MEDITERRANEAN	7.5
Avocado, Sun-Dried Tomatoes, Basil and Vegan Mayonnaise	
EGG SALAD	7.0
Home-made Egg Salad with Eggs, Cheese, Mustard, Red Onions and a touch of fresh green Chillies	
CREAM CHEESE	5.0
Simple Bagel Filled with Cream Cheese	
BACON AND EGG	7.0
with Aeoli Sauce	

WRAPS

CHICKEN CURRY WRAP	8.5
VEGETABLE WRAP	8.0
with Avacado, Tomato, Green chilli, Broccoli	

MAINS

(Curries served with Fragrant Rice)

CEYLON CHICKEN CURRY	13.5
AUBERGINE CURRY (Vegan)	11.5
SAMBAR	11.5
[A South Indian dish cooked with Lentils carrots, aubergine potatoes and ochre in tamarind sauce] served with Fragrant rice	
MUTTON CURRY	14.5
Served with Fragrant rice	
MAKE YOUR OWN SOUP	9.0
Comes with Sourdough Bread or Bagel	
ROTI CANAI	12.5
Chicken and Potato Curry, Coconut Sambol, Roti	

SIDES

CHARRED VEGETABLES	5.0
SAMOSA WITH CHUTNEY	3.80
ROTI	2.0

COFFEE

ESPRESSO	2.8
LONG BLACK	2.8
MACCHIATO	2.8
CORTADO	2.8
FLAT WHITE	3.0
LATTE	3.0
CAPUCCINO	3.0
HOT CHOCOLATE	3.2
MOCHA	3.2
CHAI LATTE	3.0
ICED COFFEE/CHAI	3.5
POT OF TEA	3.0
Breakfast, Earl Grey, Green, Chamomille Jasmin, Lemon & Ginger, cinnamon joy, Red bush relax, Angels wings	
EXTRA OAT MILK	0.5

SMOOTHIES

PASH N SHOOT	4.85
Passionfruit, Mango, Pineapple and Apple	
AVO GOGO	4.85
Avocado, Broccoli, Spinach, Mango Coconut, Ginger and Lime	
MELON REFRESHER	4.85
Melon, Strawberry, Mango and Apple	
STRAWBERRY SPLIT	4.85
Strawberry, Banana and Apple	
KALE	4.85
Kale, Spinach and Mango	

FRESH JUICES

'COOL CARROT' JUICE	4.25
Carrot and Ginger	

DESSERTS

'COOL CARROT' CAKE	3.5
BELGIAN CHOC. BROWNIE	3.0
FRUIT CRUMBLE	3.0
Vegan, Gluten Free	

COCKTAILS & WINE MENU AVAILABLE

PLEASE LET US KNOW IF YOU HAVE ANY ALLERGIES

0208 - 342 - 9771 // www.coolcarrot.shop

COOL
CARROT